

## Community Services Directory

PROGRAM AREAS/AGENCIES	CONTACT	PHONE	LOCATION	MISSION/PURPOSE	SERVICE OPPORTUNITIES
<b>AGING SERVICES</b>					
<a href="#">Alzheimer's Association - Central &amp; Western Virginia Chapter</a>	<a href="#">Mary Moomaw</a>	568-6454	Harrisonburg	support and assistance to afflicted patients and their families and to supporting research for the prevention, cure, and treatment of Alzheimer's.	coordinating, health fairs. Mailings, computer data entry. Can help with helpline if willing to work more hours.
<a href="#">Bridgewater Retirement Community</a>	<a href="#">Ellie Draper</a>	828-2682	Bridgewater	Christian retirement community that provides quality housing, health care, and services to enhance resident's functioning and quality of life.	chapel services, assist in reading & writing, Adopt-A-Grandparent, help in the Restorative Care/Physical Dept., & special events.
<a href="#">Caregiver's Community Network</a>	<a href="#">Shannon Bridgmon</a>	568-6409	Harrisonburg	A program to provide services, companionship, and support for individuals with Alzheimer's disease or memory loss frail elders.	Provide respite care, errand running, office support.
<a href="#">Sunnyside Retirement Community</a>	<a href="#">Maria Bridgewater</a>	568-8241	Harrisonburg	Provides retirement and health services to older adults designed to meet their physical, social, and spiritual needs in a Christian environment.	Care, Assisted Living, and Dementia Care areas- includes regular activities, friendly and therapeutic visiting and special events. In House Transportation Aides (Beauty Shop, Physical Therapy, Chapel, and Vespers).
<a href="#">Virginia Mennonite Retirement Community</a>	Fern Nisly	564-3500	Harrisonburg	Provide health services for older adults in a Christian atmosphere.	with outings, Reading and Reminiscing, tea and coffee hour, dining room host / hostess.
<b>CHILD &amp; YOUTH SERVICES</b>					
<a href="#">Big Brothers Big Sisters</a>	<a href="#">Mary Beth Warner of Gini Trotter</a>	433-8886	Rockingham County and Harrisonburg	Matches children between the ages of 6 & 14 from primarily single-parent homes with caring adults who will spend time with them each week. Empower children and improve self-esteem.	4 programs to choose from depending on number of hours willing to volunteer. Can volunteer in school setting, at Boys & Girls Club, or volunteer through CORE program. We also have a Hispanic Mentoring Program which serves the Hispanic community of Harrisonburg &
<a href="#">Boy Scouts of America</a>	Les Riley	234-8561	Rockingham County	Train boys in citizenship and develops their moral and physical character.	badge activities in different areas from science to sports. Troop leaders, go on outings, explorers. Open to men and women.
Boys and Girls Club of Harrisonburg and Rockingham County	Todd Palmquist	574-6060	Harrisonburg	Provides youth with the tools necessary to become productive and responsible citizens that contribute to society in a positive way.	recreational activities, health & life skills & leadership programs, Kids Café serves dinner. Relationship building is emphasized.
<a href="#">Girl Scouts</a>	Dawn Kerns	828-2758	Harrisonburg	Dedicated to helping girls develop to their fullest potential and become responsible, resourceful women.	activities and programs. Help plan and implement programs and camping experiences.

<a href="#">Harrisonburg Children's Museum</a>	<a href="#">Yvonne Boettger</a>	442-8900	Harrisonburg	HCM engages young minds through interactive, multi-sensory learning experiences that promote greater understanding of themselves and the world.	opportunity to work with young children and their families (2-12 year olds). Exhibit planning, technology skills, creativity, interpersonal skills, behind the scenes planning, and direct instruction
One Child At A Time (OCAT)	M.J. Robinson	(540) 942-3938	Waynesboro	area high school students in grades 9-12. Students enrolled in the program may receive help with math, English, science, social studies, reading, and Spanish.	Tutoring students in the mentioned areas, most students need 2 hours per week of tutoring.
<b>COMMUNITY AND SOCIAL SERVICES</b>					
<b><u>Community Services</u></b>					
<a href="#">Augusta County Historical Society</a>	Shirley Fultz	(540) 248-4151	Staunton	Promotes interest in the history of the Augusta area.	General office work, collections and archival work, creation of genealogy file, transcription of historical manuscripts.
Bridgewater Volunteer Fire Department	Kevin Puffenbarger	828-3121	Bridgewater	volunteers aim to protect lives and property in the event of fire, flood, natural or human disaster.	Fund raising, office work, training to help fight fires.
<a href="#">Bridgewater Volunteer Rescue Squad</a>	Brad Neher	828-3395	Bridgewater	Rescue, emergency medical services, as well as community events.	Office work, data entry, drivers for calls, yard and maintenance work. Six hours a month required for support members.
<a href="#">Community Mediation Center</a>	Pam Jameson	434-0059	Harrisonburg	Mediation for various types of conflicts are offered as an alternative to court action.	Call for more information.
<a href="#">Harrisonburg Parks and Recreation</a>	Ed Steele	433-2474	Harrisonburg	Municipal agency that provides public recreation, and maintains parks for area citizens.	After school activity program - tutor and arts & crafts, assist with athletics, and help with special
Harrisonburg/Rockingham Historical Society	Faye Witters	879-2616	Dayton	Aims to preserve for present and future generations the rich traditions and historical heritage of the Shenandoah Valley.	Data entry, work in library, xeroxing.
<a href="#">Harrisonburg-Rockingham SPCA</a>	<a href="#">Candy Barnes</a>	820-3111	Harrisonburg	Provide shelter, care, protection, and suitable homes for abandoned and homeless animals.	Socialize with and bathe cats and dogs, assist with pet therapy sessions, maintenance assistant,
Humanitarians of Pet Education (HOPE)	Susan Acord	540-337-7182	Augusta Co.	Provide a low cost spay/neuter program, educate about the pet-overpopulation problem, network to find homes for orphan and stray animals.	Assist at yard and bake sales
<a href="#">Industrial and Commercial Ministries, Inc. (ICM)</a>	<a href="#">Gloria Bachman</a>	432-1919	Harrisonburg	ICM is an unenumerated, not-for-profit chaplaining program that trains, equips, places, and supports volunteer chaplains in businesses and industries throughout the country.	Office support in National Office mailings, copying, general clerical, computer assistance.
<a href="#">Rockingham County Recreation Department</a>	Jo Ann Clark	564-3160	Rockingham County	Provides leisure services to all residents of Rockingham County. Ages 3 up to senior citizens.	Coaching, game officials, umpires, scorekeepers, park cleanup, etc. After-school supervisors for elementary schools in the county
<a href="#">Shenandoah Valley Folk Art &amp; Heritage Center</a>		879-2616 Ext. 4	Dayton	Rockingham Historical Society, an excellent genealogy library, a giftshop and bookstore, and both temporary and permanent exhibit	Call for more information.

Town of Bridgewater Public Works Coordinator	Jeff Riddleburger	828-3705	Bridgewater	To serve the people of the town of Bridgewater.	maintain parks, plant shrubs and flowers, paint, golf course maintenance, and other maintenance (good group projects)
<a href="#">WMRA Public Radio</a>	Andrea Sarate	568-3817	Harrisonburg	Provide commercial free news and entertainment	Data entry during fundraising.
<a href="#">WVPT Public Television</a>	<a href="#">Barbara Roadcap</a>	437-2462	Harrisonburg	To be a proven asset to the communities we serve be enriching them with impactful programming and branded activities that recognize and encourage community involvement.	outreach projects involving children, data entry, auction preparations, live TV auctions, Pledge Drives, camera operations, mailings, book labeling, computer research and more!
<b>Social Services</b>					
<a href="#">CASA (Citizens Against Sexual Assault)</a>	<a href="#">Jenn Rubacky</a>	432-6430	Harrisonburg	services to survivors of sexual violence, as well as to their families and friends through a 24 hour hotline, crisis intervention, support groups, education.	Hotline volunteers. Community Education volunteers that promote awareness and information.
Common Ground	Dale Diaz	433-8212	Harrisonburg	Networking organization that provides support and initiates action in the areas of peace, justice, and environmental issues.	Office support, revise and update affiliate directory and current brochure, public relations.
Concern	Dee Archambault	667-8208	Winchester	7 day a week confidential listening, crisis intervention, and referral service for the entire Lord Fairfax Planning District VII of Northern Virginia.	Volunteers would answer phone calls forwarded to their home number for one shift of four hours per week.
Elkton Area United Services	<a href="#">Marsha Deavers</a>	298-2900	Elkton	Individuals and civic groups provide various needed social services for residents of Elkton	Call for more information.
First Step	Candy Phillips	434-0295	Harrisonburg	Domestic violence shelter	Child care for toddlers, play and work one on one, or in groups.
Gemeinschaft Home	<a href="#">Mary Seymour</a>	434-1690	Harrisonburg	Transitional home for male ex-offenders that motivates and challenges them to become productive members of society.	Social work, English and Teaching interns, mentors.
<a href="#">Harrisonburg Men's Diversion Center</a>	Larry Taylor	833-2011	Harrisonburg	that offers the opportunity for positive behavioral change. Help is offered to aid the probationers in returning to society as productive citizens.	Call for more information.
<a href="#">Harrisonburg Rockingham Social Services District</a>	Julie Schrown	574-5156	Harrisonburg	Public social service agency serving the residents of Harrisonburg and Rockingham Co.	Call for more information.
People Helping People	Sandy Kubosh	433-7286	Harrisonburg	A church-sponsored organization that provides emergency services to clients in Harrisonburg and Rockingham County.	variety of clients from all ages and backgrounds who are in need of rent, fuel assistance, medication, food, etc
<a href="#">SV Migrant Education</a>	<a href="#">Kira Cunningham</a>	568-3666	(JMU)	Provides supplemental educational assistance to children ages 3-21 of migrant farm and poultry laborers.	Tutoring (2X a week for 1 school year), tutors must be available either daytimes 9-3 2x/wk or

Trinity Clothes Closet	<a href="#">Linda Bradley</a>	432-2381	Harrisonburg	A clothes closet is provided for area residents.	Wednesdays evenings from 6:30-7:30 and on Saturday mornings from 10-11. Volunteers can help give out clothes at either of those times, or help sort and hang clothes on Wednesday mornings 8:30 - 11am.
<a href="#">United Way of Harrisonburg &amp; Rockingham County</a>	<a href="#">Kelly Adams, Resource Development Communications Director</a>	434-6639	Harrisonburg	Fund-raising organization that provides financial support to 32 area human service programs.	Help needed with mailings, lunch events
Virginia Council of Churches Refugee Resettlement Program	<a href="#">Nadezhda Nazur</a>	433-7942	Harrisonburg	Assist Refugees' transition to American life through employment, language, and support services.	English (basic survival skills). Also provide transportation, translating, and general assistance with new families.
<b>DISABILITY AND HEALTH SERVICES</b>					
<b>Disability Services</b>					
ARC/OP Shop (Association for Retarded Citizens)	Rose Marshall	433-3314	Harrisonburg	Provides employment, training in pre-vocational and life skills for adults with mental retardation.	ceramics, crafts, communication or social skills, and leisure activities. Work alongside a participant or small group.
Area 4 Special Olympics	Daniel Leake	433-7475	Harrisonburg	Provide sports training and competition for persons with mental retardation.	volunteer with their program in college pool on Mon. nights, administrative help, etc. Can also help with other sporting events.
<a href="#">The ARC of Harrisonburg/Rockingham</a>	<a href="#">Dan Suggs</a>	434-2469	Harrisonburg	Provides services, support, and opportunities to persons with mental retardation and other developmental disabilities through a variety of programs.	with mental retardation and other developmental disabilities in recreational and work activities. Would like a 10 hour or more commitment.
ARC FRIENDS - Association for Retarded Citizens	Deb Keys	434-2469	Harrisonburg	Provides work skills and training for persons with individuals who have a mental illness.	volunteers spend one hour a week with their "FRIEND" (A minimum commitment of six months is requested).
<a href="#">Compeer</a>	<a href="#">Jeanette Adkins</a>	434-5219	Harrisonburg	To match caring adults in one-on-one, co-equal friendships with people of the same gender who have a mental illness	Friends-For-A-Day Rock-for-Friends, fundraiser in March Gift wrapping for Christmas, fundraiser Nov - Dec
<a href="#">Friendship Industries</a>	Kent Stoneburner	434-9586	Harrisonburg	Employment services organization that allows persons with disabilities to work at their own pace in order to learn skills for supported or competitive employment.	Assist people with disabilities, one-to-one or in groups, as they learn work skills and/or behaviors, in a light production setting.
<a href="#">Harrisonburg-Rockingham Free Clinic</a>	Ellie Swecker	433-5431	Harrisonburg	To provide volunteer outpatient health services to low income, uninsured individuals of Harrisonburg and Rockingham County.	Social work: interviewer, greeter Interpreters: Spanish/English Office: filing, mailing, computers, front desk

<a href="#">Pleasant View, INC.</a>	<a href="#">John Garber</a>	896-8006	Broadway	Serves people who have disabilities by providing support services to assist clients in attaining their personal goals.	outings - shopping, cleaning. Relief staff needed - assist with direct care of residents.
Seven Stars Therapeutic Center	Debbie Winters	433-8088	Harrisonburg	Therapeutic horseback riding for disabled persons.	Call for more information.
<a href="#">Talking Book Center</a>	<a href="#">Oakley Pearson</a>	(540) 885-6215	Staunton	Provides recorded and Braille reading materials and equipment free of charge to blind and physically handicapped individuals.	Ordering, rewinding, office and clerical work, public relations, visit & assist patrons in nursing homes.
<a href="#">Valley Associates for Independent Living (VAIL)</a>	<a href="#">Holly Prochaska</a>	433-6513	Harrisonburg	Residential, vocational, educational, social and case management services provided to help individuals with disabilities in achieving independence.	Social activities, transportation, office work (answering phones, filing, etc.) and tutoring. Minimum 2 hours a week for a whole semester.
Valley Community Services Board (MR Services)	<a href="#">Tom Dove</a>	213-7568	Staunton	Serve people with mental retardation in community residential settings.	Direct Care to residents, provide day services to adults with MR.
<a href="#">Valley Voice Radio Reading Service</a>	Elizabeth Rubush	568-3811	Harrisonburg	Broadcasts readings of community information (newspaper, books, magazines) to visually-impaired residents.	other media over closed-circuit broadcast. Radio board operators (will train), office help. Deliver radios to new listeners.
<b>Health Services</b>					
<a href="#">American Cancer Society</a>	<a href="#">Tammy Steele</a>	434-3360	Harrisonburg	Dedicated to eliminating cancer as a major health issue by preventing cancer, saving lives and diminishing suffering from cancer. Through research, education, advocacy and patient services.	phones, working on mass mailings Health Fairs - volunteering to attend health fairs and handing out ACS literature Relay For Life - creating or joining a team to support the BC Relay held every April on
<a href="#">American Heart Association</a>	Stacy Hansen	434-2206	Harrisonburg	Reduce disability and death from cardiovascular diseases and stroke. Work with at-risk families to reduce risk factors.	Develop and teach a heart education class in the areas of exercise, stress, smoking cessation, and nutrition.
<a href="#">American Lung Association of Virginia</a>	Dan Sheehan	434-5864	Harrisonburg	Non-Profit organization dedicated to the control and cure of lung disease.	help with blood drives registration and refreshment areas of drives, CPR, disaster workers.
<a href="#">American Red Cross</a>	Diana Kiser	434-8891	Harrisonburg	Provides immediate disaster relief, as well as educating the public about safety and health issues.	help with blood drives registration and refreshment areas of drives, CPR, disaster workers.
Camelot Health and Rehabilitation Center	Sue Smith	433-2623	Harrisonburg	Health care center: to work together to form special relationships between the community and our residents.	Adopt a Grandparent, participate in planned activities, assist with outings, provide special programs, etc.
Dental Clinic - Rockingham/Harrisonburg Health Department	<a href="#">Betty Campbell</a>	574-5210	Harrisonburg	Dental clinic for school children.	file, type and prepare forms, insurance billing, and interview patients. Purge dental records. Interpret: Spanish, Would like a 10 hour commitment
First Choice Home Hospice	Diana Birkshire	434-3916	Harrisonburg	Call for more information.	Call for more information.

<a href="#">Harrisonburg Pregnancy Center</a>	<a href="#">Jack Richardson</a>	434-0685	Harrisonburg	Offering emotional, spiritual, and physical support to those facing unplanned pregnancy, sexual decisions, and post abortion trauma.	Training required, must commit to serve 3 hours a week. Administration.
<a href="#">Harrisonburg/Rockingham Free Clinic</a>	<a href="#">Susan Wilkins</a>	433-5431	Harrisonburg	health services to the uninsured in a manner that promotes dignity, wholeness, and coordination of services.	Clerical and computer work.
Harrisonburg-Rockingham Health Department	PJ McDonaldson	574-5202	Harrisonburg	Provide health services to Rockingham County and to the City of Harrisonburg	Clerical duties and computer work
March of Dimes, Piedmont-Shenandoah Valley Division	<a href="#">Christine Bilbrey</a>	432-6867	Harrisonburg	Aims to improve the health of babies by preventing birth defects and infant mortality through health education, advocacy, and medical research.	Fund raising, program development, communications.
<a href="#">Rockingham Memorial Hospital Women's Health Focus</a>	Cindy Falconer	433-4641	Harrisonburg	Provides health education to women in the Harrisonburg and Rockingham Co. area.	Creative child care for toddlers during meetings. Marketing, clerical, and phone help.
Valley AIDS Network	Marlin Kana	564-0448	Harrisonburg	Directly address the needs of valley residents who are infected or affected by HIV/AIDS. Help prevent the spread of the disease by increasing awareness.	Transportation, delivering food, fund raising, education, buddy system, answering phone.

**ENVIRONMENTAL SERVICES**

<a href="#">Adopt-A-Highway</a>	Angela Jewell	434-2586	Harrisonburg	Volunteers keeping Virginia clean	Clean and care for a section of highway by planting wild flowers or other vegetation 4 times a year.  Commitment to a 2 mile stretch of road for 2 years (Cleanup 4 times each)
<a href="#">Friends of Blacks Run Greenway</a>	Todd Hedinger	820-7788	Harrisonburg	Environmental clean up of Blacks Run River.	Clean up and gardening along Blacks Run River the 1st Saturday every month.
<a href="#">Blue Ridge Community College Arboretum</a>	<a href="#">Joseph Murray</a>	Please email: brmurrj@br.c.c.va.us	Blue Ridge Community College	1. Collect and maintain native and naturalized tree species. 2. Promote knowledge, enjoyment, use and conservation of Virginia's native plants.	Mulching, pruning, weeding, etc.
USDA Forest Service - Dry River Ranger District	Bob Tennyson	828-2591	Bridgewater	Natural resource management in 230,000 acres of National Forest Land.	recreation area maintenance. Trail construction and maintenance for community service hours.
<a href="#">Wildlife Center of Virginia</a>	<a href="#">Volunteer Program</a>	(540) 942-9453	Waynesboro	A non-profit hospital for native wildlife with a full time veterinary staff.	Animal care takers, public relations, office work, maintenance, etc.

**HUNGER & HOUSING SERVICES**

<b>Hunger</b>					
Blessed Sacrament Catholic Church		434-3441	Harrisonburg	Food pantry and soup kitchen provided to area residents.	Soup kitchen open Wed at 4:30. Food pantry is open Mon-Fri from 9-3. Shifts for food pantry generally run for 3 hours.
Blue Ridge Area Food Bank	Gene Mullenax	(540) 248-FOOD	Staunton	clearinghouse for churches and nonprofit organizations. The bank solicits, collects, stores, and distributes food to qualified groups for their distribution.	Packaging, grocery salvage, sorting, evaluating, warehouse work, etc.
Bridgewater Area Inter-Church Food Pantry	Donald Hilbert	828-4237	Bridgewater	Prepare and serve food supplies to needy families within a 5 mile radius of Bridgewater.	Packing, grocery salvage, sorting, evaluating, warehouse work, etc.

East Rockingham Ministerial Association	Nancy Layne	249-5893	Rockingham Co.	Distributes food to residents of eastern Rockingham County, Weyers Cave, and Harriston.	Call for more information.
First Presbyterian Church Soup Kitchen	<a href="#">Lee Morrison</a>	437-8746	Harrisonburg	Soup kitchen provided to needy area residents.	Open Tuesdays 1-6 p.m. Help is needed in serving, setting up, and cleaning up. Please call ahead--needs volunteers by ones or twos.
Free Food for All Soup Kitchen/Our Community Place	Ron Copeland & Jonathan Schrag	434-3594	Harrisonburg	A soup kitchen is operated out of this restaurant (The Little Grill) every Monday, 10-2.	at noon. Volunteers can come early to help cook, serve & clean up. Atmosphere is very laid back. Our Community Place is an idea in the works.
Harrisonburg Baptist Church Bag Lunch	Debbie Sprouse	433-2456	Harrisonburg	Provides food to underprivileged people.	Saturdays from 11-1 p.m. bag lunches, serve meals, converse with those being served.
Otterbein United Methodist Church Soup Kitchen	Susan Pollard	434-7747	Harrisonburg	Provides food to underprivileged people.	volunteers needed Mondays 4-6 p.m. Help is needed in setup, serving, and cleanup.
<b>Housing</b>					
<a href="#">Central Valley Habitat for Humanity</a>	Claire Martindale	828-6288	Bridgewater	Builds homes for low income residents in the area.	Construction of houses, fund raising, writing and editing articles for newsletters and mailings, office assistance.
<a href="#">Mercy House</a>	<a href="#">Amanda Mitchell</a>	432-1812	Harrisonburg	for families with children and are in difficult situations to make progress towards self-sufficiency. Food and clothing assistance are provided as well. Mercy House aims to establish hope and independence among its residents.	phones, file, social work office exposure), Children's tutoring (Mon - Thurs, 3:30 - 5, once per week), maintenance and cleaning, assist with weekly community dinners
<a href="#">Salvation Army</a>	<a href="#">Sarah Deavers</a>	434-4854	Harrisonburg	An international movement whose mission is to preach the gospel and meet human needs without discrimination.	in the fall. Program for underprivileged kids to help with back-to-school costs Thanksgiving: Turkey and school drives Christmas: Gift programs for children and the elderly.  Desk top publishing, correspondence, General office duties, some data entry.